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The Secret Life of the Virus as a messenger to the cellular terrain

Where does the virus come from?

Viruses are created by the cell and have no life of their own.

They are in essence a messenger across the population to communicate important information about the environment so cells can adapt to a potential threat or new environment.

In doing so, in most cases they have the effect of cleaning up cellular terrain, strengthening both the immune system and the organs affected.

But... aren't all viruses bad?

Well, no. There are actually 380 trillion viruses in the human virome at any one time, essential to the cellular lifecycle. In fact, if you eradicated the virome and RNA communication system, you would get seriously ill and likely die.

There have been studies in which they can't tell the difference between a virus and an exome. Exomes are getting increasingly popular in stem cell circles: Instead of injecting people with stem cells they inject the exome, with similar results occurring to that of using stem cells. It's a form of natural genetic engineering, and an example of how RNA or a viral particle can upgrade the health and terrain of the cell.

In Naturopathy, if you fast, at some point the body creates flu-like symptoms to reverse disease. When you give the body a chance to detoxify/heal, it excretes toxins, including RNA, creating flu-like symptoms.

All of that sweat and high temperatures expel toxins from the body.

Or, if you expose yourself to environmental toxins--for instance, if under respiratory distress caused by inhaled toxic smoke, your lung cells will respond to the environmental stress by trying to rid itself of the toxin and also produce RNA messengers to communicate to other cells, along with sneezing it out where others can catch it, then causing their lungs to also start to expel toxins, producing cold or flu-like symptoms. In normal circumstances, a virus is a message to clean up one's lungs in response to a nearby environmental threat such as toxins, energetic and emotional. One could look at the flu virus as a software upgrade, which is activated more often with people who need it more.

You might be thinking, Well, why do some people die from the flu? The people at the most risk are over 70, have at least one other condition, and are on medication. With these people, when the body tries to adapt by increasing metabolic excretion, if the terrain is too toxic, the body's systems become overburdened and it becomes like the straw that broke the camel's back. It was their toxic terrain from medications and lifestyle that was the cause, not the virus. Pre-existing conditions, age and medications are ignored in death statistics, with the blame being put solely on the virus. The way to help people with pre-existing conditions have better immunity is to help them clean up their cellular terrain. Focus on the terrain, not the virus and nature's interperson communication system.

Now, of course, this isn't to say that there aren't some viruses that are truly bad, like Ebola. However, fortunately, viruses that are highly infectious tend to be relatively innocuous, with low death rates (such as the common cold), and those that are the most deadly are incredibly hard to catch.

So what's the main component of the cellular terrain?

It's structured water. 99% of the molecules in your body are H₂O. The gel-like water in the cell is also what surrounds your DNA, along with providing the instructions to your DNA to produce proteins, including RNA. The bio-information contained within the structured water in your cell is key to having a healthy cell, and in turn contributes directly to the lifecycle of all the viruses in your body and beyond.

It's super important to ensure that your cellular water has a healthy energetic structure through bio-information, fields, diet, liquids, oxygenation and movement.

Purified, mineralized, information-structured water is the basis for all biological life.

Drink mineralized water with a quarter teaspoon of sea or Himalayan crystal salt and add the appropriate bio-information to support the terrain of the tissues of your choice.

Why are 5G and EMFs so important?

All forms of EMFs destroy cellular water structure and therefore damage the terrain. Experiments show that if you hold a cell phone up next to structured water, it loses its gel-like properties. Imagine what it must be doing to the cellular water in the brain when you make a cell phone call. Imagine how through affecting your terrain, it is interfering with your overall virome, one of the body's intercellular and interhost communication systems.

As much as possible, keep your EMF exposure to a minimum and use bio-information that has been designed to support the parts of your body-field that are most affected. EMF affects certain parts of your communication system more than others, with a particular affinity for your cellular terrain. So if you've been affected by EMFs, as well as protecting yourself with EMF-corrective information, also ensure that you spend time on correcting the energetic terrain, ensuring cohesive cellular water structure, which in turn helps proteins be formed correctly as part of your normal cellular lifecycle.